

Swing & Ballroom Dance Class



The Benefits of Dancing

- ◆ *An easy and gentle form of exercise!*
- ◆ *A great way to meet new people!*
- ◆ *Couples have a new activity to bring them closer together.*
- ◆ *You will feel socially confident on the dance floor.*
- ◆ *Have fun dancing the rest of your life, to any style of music!*

Level: Beginning to Intermediate
Ages: 13 to adult - No Partner Required!
When: Wednesdays from 7:00 - 8:30 p.m.
Where: Rick Novack Community Center
13558 Palm St, Hesperia
Fee: \$10.00 per class walk-in fee
or \$35.00 per month

